**Dag één**

*08.30 – 9.00 u. Ontvangst met koffie en thee*

9.00– 12.30 u.

Inleiding cursus

* Rotator Cuff Insufficiency – Current theorie
* Asessing Motor Control

*13.00-13.30 u. Lunch*

13.30 17.00 u.

* Continuiing Assessment motor control
* Rehab concepts & clinical scenarios

**Dag twee**

9.00. -12.30 u.

* Re-cap/problems/queries yesterday
* Classification of Instability
* Management of instability

*12.00 - 13.30 u. Lunch*

13.30 u. – 17.00 u.

* Examiniation of shoulder instability
* Exercise ideas
* Clinical cases